

LEARN
2019-2020

Want to end the year on a
positive note?
Try these 5 Activities

1



**WRITE A
TOP TEN LIST**

Spend time writing a list of the 10 best things that happened this year! What were their favorite things they did, learned, or experienced?

Give youth something to look forward to in the new year, practice writing SMART goals: specific, measurable, attainable, realistic, and time-measured!

2



**SET GOALS FOR
THE NEW YEAR**

Give youth time to honor the difficult parts of the year. Ask youth what was a challenge they faced that year and what they did that helped them get through it. Celebrate overcoming and working through struggles.

3



**HONOR THEIR
STRUGGLES**

Work with youth to plan a happy way to finish out the semester. What is something you all could do together to celebrate the end of year and all they learned?

4



**CO-PLAN A
CELEBRATION**

On a large piece of construction paper, have youth write or draw things they are grateful for! Allow youth to heart or check off things their peers put that they are also grateful for. Hang the art on the wall!

5



**BRAINSTORM
GRATITUDE**