



RESTORATIVE PRACTICES 101

WHAT? A Relationship-based approach to conflict resolution and discipline that brings together those involved and those affected.

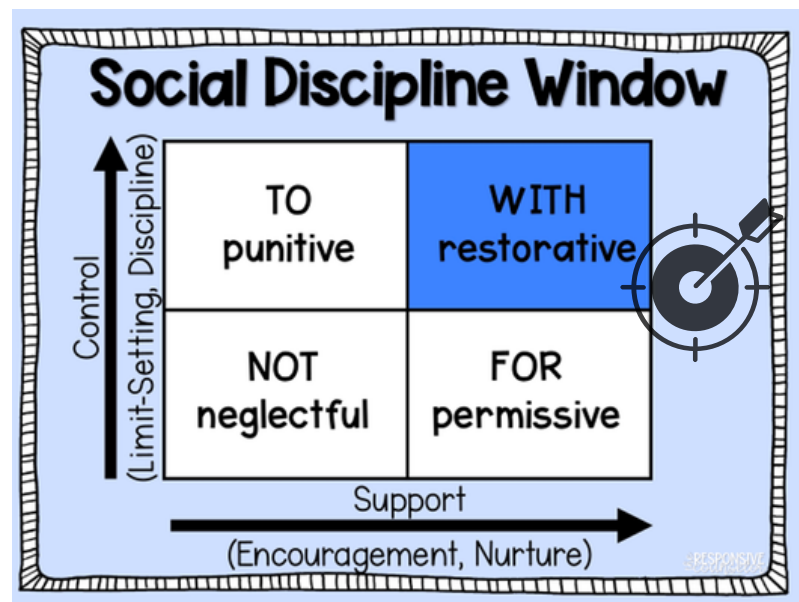
WHY? To repair harm and build and restore relationships.

HOW? By enacting the "Social Discipline Window."

The "Social Discipline Window" depicts various types of discipline based on the levels of **control** and **support**.

When control is high but support is low, discipline is done TO the students and is **punitive**.

High control and high support leads to discipline that demands high expectations while providing the support to achieve them. That is **restorative practices**.



*Developed by the International Institute for Restorative Practices and recreated by The Responsive Counselor

When there's very little control or support, it is **neglectful**, essentially it's not there at all.

When our support is high but our control is low, it's a **permissive** style.



RESTORATIVE PRACTICES

RESTORATIVE PRACTICES ARE NOT:

A replacement for other methods or approaches.

A strategy that allows youth to “get away” with unacceptable behaviors.

RESTORATIVE PRACTICES ARE:

Used alongside trauma-informed practices, SEL, and PBIS.

A way to encourage ownership and respect while avoiding shame and punitive measures.

RESTORATIVE PRACTICES IN ACTION



Traditional discipline: What rule was broken? Who did it? and How should they be punished?”

Restorative practices: Who was harmed? How they were harmed? What needs to happen to fix it?



Traditional discipline: “I found this bookmark torn in half! Someone ripped it up. Who did it? They are going to have some consequences for this!”

Restorative practices: “This bookmark was torn. Now not as many people will have bookmarks. I need to talk to the person who did it so we can try to make this better.”

STAY TUNED AS WE COVER MORE ON RESTORATIVE PRACTICES IN UPCOMING TIP SHEETS, INCLUDING:

- BUILDING RELATIONSHIPS
- REPAIRING HARM
- SOCIAL EMOTIONAL SKILLS
- I-STATEMENTS
- RESTORATIVE CIRCLES
- CONFERENCING

LEARN ALL THE TIME.